

The next Substance Abuse Prevention Academy will be held **September 21-24 and November 9-12, 2009**, at the Fairfield Inn in Frankfort, KY. See inside brochure for daily schedule.

For lodging at the Fairfield Inn, call (502) 695-8881 and book under the Substance Abuse Prevention Academy block to receive special room rate. You may also log onto visitfrankfort.com for additional lodging or direction information.

If you prefer to register electronically, an online registration can be accessed at http://mhmr.ky.gov/mhsas/sa_academy.asp

Name _____

Mailing Address _____

Daytime Telephone:

(____) _____

E-mail Address: _____

Please indicate how you hope to benefit from this training:

I've been working in substance abuse prevention for _____ years _____ months

Optional Friday morning classes will be offered (no additional cost) on September 25 and November 13. Details to be provided.

Tuition: \$300 for both weeks of training

Make check payable to Eastern KY University

Mail check to: Cassie Green, MHSA, 351-B Perkins Bldg., 521 Lancaster Ave., Richmond, KY 40475-3102

Still have questions? Contact

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Substance Abuse Prevention Academy

September 21-24 and November 9-12, 2009

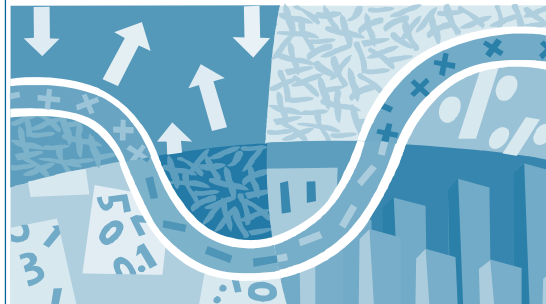
Kentucky Dept. of Mental Health, Developmental Disabilities and Addiction Services
Div. of Mental Health and Substance Abuse Prevention Program

100 Fair Oaks Lane, 4E-D
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Substance Abuse
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Substance Abuse Prevention Academy



A comprehensive,
interactive training for
prevention professionals
and others who are
working to reduce the
effects of substance abuse
in their communities.

Kentucky's Substance Abuse Prevention Academy

Academy Overview

Week One

Day 1: Brain Chemistry and Drug Trends

What happens in the brain when we use or abuse drugs, particularly alcohol, marijuana, inhalants, and diverted prescription drugs? How to avoid the stigma that often accompanies addiction.

Day 2: Prevention Overview

- Prevention History/Body of Knowledge
- Overview of the Strategic Prevention Framework (SPF) and Kentucky's Prevention System

Day 3: Community Assessment - Step I

Why is data collection so important? Where do you find data about your community and how can you get new data? How can you identify gaps in the data; what do you do about it?

Day 4 A.M. Session: Kentucky's Data Warehouse

The data warehouse is a powerful tool for state, regional and local community leaders, policy makers, service providers, parents and others who want to review data and obtain a clearer perspective about factors that contribute to substance abuse in Kentucky. You'll learn how to use this tool for community assessment and evaluation.

Day 4 P.M. Session: Getting Creative in Kentucky: Developments in Prevention

Exciting ATOD prevention projects have been developed and implemented by Kentucky prevention specialists. This informational session provides an interactive opportunity for learning about these innovative projects by talking face-to-face with project developers.

Week Two

Day 1: Capacity Building - Step II

The morning session focuses on building capacity in the community. What are the types and levels of capacity building; what tools do I need to identify those resources already available? How do you build and sustain capacity? The afternoon session looks at capacity building from another angle — self-capacity. What skills do you need to be successful in motivating coalition members toward their goals?

Day 2: Project Planning - Step III

We'll look at how to identify strategies for target populations; how to use data to develop a strategic plan; how to identify strategic goals, objectives, and measurements, including use of logic models. A mini-session of Fetal Alcohol Spectrum Disorder (FASD) will be included on this day.

Day 3: Implementation - Step IV

After developing a logic model in Step III, this workshop will go over the information needed to develop an action plan utilizing the following information: CSAP's Six Prevention Strategies, resources, categories of prevention, risk and protective factors, process and outcome measures, fidelity, and the goals of prevention.

Day 4: Evaluation - Step V

Why is evaluation important? How do you use evaluation findings to refine and improve prevention services? How do you monitor a community for potential need for changes from the original plan.

The Substance Abuse Prevention Academy provides comprehensive, interactive training for prevention professionals and others who are working to reduce the effects of substance abuse in their communities. The academy also provides an opportunity to build relationships with other prevention-minded persons while learning how to strategically identify and address alcohol, tobacco and other drug abuse problems in their community.

The academy is held twice yearly – once in the spring and once in the fall. A full course is covered in eight days, Monday through Thursday, over two non-consecutive weeks. Optional Friday sessions are available at no additional cost, and the course descriptions for these sessions vary depending on current need. Contact hour credits are provided for all trainings.

The Strategic Prevention Framework (SPF) is a planning model. The SPF focuses on collection of data at all steps to support data-informed decision-making.

The five interdependent SPF steps are:

- I. Needs/resources/readiness assessment
- II. Capacity building
- III. Comprehensive strategic planning
- IV. Implementation of strategies
- V. Evaluation and monitoring

Who should attend? The academy is designed for those who are fairly new to the field of substance abuse prevention, but more experienced prevention professionals will also benefit from attending the academy, particularly those who need an initial introduction or refresher on the Strategic Prevention Framework (SPF). Typical attendees include coalition members, newly hired prevention professionals, community leaders, public health professionals, — anyone who is interested in reducing ATOD abuse in a community.